THE LUNCH PLATE

Presented with vegetable and starch as noted here or requested by the client.

BEEF   (recommended cuts: tenderloin, rib eye, flank)

Tenderloin layered on garlic crouton, dressed with tarragon-caper sauce
Flank steak marinated and veiled with horseradish mousseline
Medallions on potato crusts with red wine-butter sauce; broccoli spears
Tenderloin tips marinated in aciote and cilantro; black bean relish
Stir-fry of beef, chicken, sesame seed; plum chutney; rice

PORK   (recommended cuts: tenderloin, boneless loin)

baked with Apple Brown Betty; Fall vegetable
dressed with sauce of raspberry and cassis; wild rice pilaf
Stir-fry of pork, peppers and garam masala; bulgar wheat salad
Crepe of slivered pork and apple, sauce of Calvados laced with cranberry

CHICKEN   (recommended cut: boneless breast)

dressed with Sauce Mornay; broccoli; wild rice pilaf
dressed with spicy peanut sauce; julienne snow peas; rice
poached in vermouth and rosemary and glazed with sauce of pan reduction
poached with shrimp and vegetables, accompanied by garlic hollandaise
layered with Prosciutto, sage and Fontina cheese, breaded, dressed with a fresh
       tomato sauce
Stir-fry of chicken, snow peas and ginger; almond rice

PASTA

Lasagna, meat or vegetable, with tomato sauce; vegetable
Manicotti (cheese-filled tubes) with tomato sauce; vegetable
Penne with tomato, mushrooms, onion, and white wine stock
Fettucine with chicken and Prosciutto in a sauce of sage and cream

VARIOUS

Eggplant parmesan; pasta with olive oil and vegetable relish
Veal parmesan; vegetable; spaghetti
Gumbo: chicken and sausage; rice and red beans
Turkey breast, sliced and stuffed with wild rice pilaf, dressed with minted pear sauce

Costs: a la Carte
Pasta, Various: $4.50 ~ $8.50
Meat: $5.00 ~ $12.00

Costs: table d' hote
(Traditional presentation of main plate accompanied by salad of greens, by bread and butter.)
Pasta, Various: $9.00 ~ $13.50
Meat: $10.00 ~ $17.00

Accompanying service charges not included
Accompanying appointments not included
Market costs will fluctuate pricing

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